

Knoxville-Knox County Food Policy Council Meeting Minutes

Date & Location: Wednesday, May 17, 2023; United Way of Greater Knoxville

Type of Meeting: Educational

Recorder: Brett Foster

<p>Attending Appointed (Voting) Members</p>	<p>Bruce Crabtree Bailey Foster Brett Foster Laura Deubler Ross Jones Sara Keel Jen Russomanno Rylan Thompson Lauren Woods</p>
<p>Attending Associated (Non-voting) Members</p>	<p>Beth Brown Adam Caraco Kara Finger Travis Henderson Marissa McKeague Charlotte Rodina Wade Seifert</p>
<p>Other Attendees</p>	<p>Madelyn Howe—Knox County Health Department Fiona McAnally—City of Knoxville Kimberly Pettigrew—United Way Greater Knoxville</p> <p>Kat Bike—Nourish Knoxville Jessie Hillman—Knoxville-Knox County Planning Mary Clay Kline—Second Harvest Kendra Lindsay—Second Harvest Courtney Liles—Second Harvest Erica Lisowe—Pond Gap Garden Hailey Lewis—UT grad student Devalle Muhammad—Muslim Community of Knoxville Lillie Sutton—KCDC AmeriCorps Erin Sweeney—UT Student Cori Sweet—UT Extension Nick Thompson—Pond Gap Garden Aubrey Weiland—Knoxville-Knox County Planning Sarah Wharton—Little Chefs, Big Change Jackie Yenerall—UTIA</p>

<p>1.</p>	<p>Welcome and Introductions: Bailey Foster</p>
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2.

Presentation: Second Harvest Food Bank of East TN (Laura Deubler and Courtney Liles)

Second Harvest Food Bank covers 18 counties in East TN, spanning 8000 square miles. They distribute 21+ million pounds of food annually, serve 13000+ children through Food for Kids, partner and 630+ agencies aiding in food distribution. They take financial donations, as well as food drive donations.

--Programs (Second Harvest funded):

- Food for Kids & School Pantry;
- Senior Outreach (partner with ETHRA to homebound seniors—shelf stable and fresh items delivered to their homes);
- Fresh Pantry Mobile Distributions (two distributions in each county per month—in areas with no brick/mortar pantries);
- Nutrition Access (nutrition education; Good EaTN cooking club—kids cooking club providing culinary skills, food, kitchen tools; new program coming called Kitchen Stork Program—prenatal, postnatal guidance/resources as related to nutrition. Program will begin with a pilot with Helen Ross McNabb);
- Empowerment Services (More than Food—very similar to UWGK program—meet with families to meet/set goals; 5 families have graduated program thus far; families get enough food every 2 weeks so that income can be spent on other bills; no income requirement for admission into program; end goal is to expand to at least one location in each of the 18 counties; SNAP Outreach—grant from Feeding America to help people sign up for SNAP; looking for avenues to reach more people; Hospital to Home/Remote Area Medical (RAM)—taking food boxes to hospitals and doctors offices based on individualized health needs for food insecure patients.

Partnership with AHA—Greater Knoxville Heart Walk (providing free fresh produce & educational materials to walkers and families) August 26, 2023 at Zoo Knoxville; AHA Serve Day (provided fresh produce to Western Heights residents); UTMC Heart Failure Clinic (provided heart-healthy food boxes for food-insecure clinic patients); AHA Cold Storage Grant (encouraging SHFB-affiliated food pantries to apply for grant). Centro Hispano Hands-Only CPR & AED Training (provided produce to those participating). CPR & AED Awareness Week (June 1-7, 2023; SHFB will provide fresh produce to attendees).

3.

Presentation: Knoxville-Knox County Planning (Priority Populations 2023 Update—Socioeconomic Challenges in the Knoxville Region; Jessie Hillman & Aubrey Weiland)

Goal of research study was to determine areas of concentrated stressors and areas of concentrated opportunity; Designate populations as priority populations if there are high areas of concentrated stressors. Themes: livability (health, housing stability, and safety of the built-environment); mobility (ability to travel to education, employment, and other daily needs); opportunity (income, education, and achievability of financial security); and vulnerability (demographic characteristics that make populations more vulnerable to economic fluctuation). Concentrated stress shows more issue with livability in urban areas (low access to grocery stores, high housing cost); rural areas have worst mobility

	score; central and east Knox have more concentrated stress in opportunity; urban areas indicate a more vulnerable population.
4.	<p>Organizational Updates and Announcements:</p> <p><u>American Heart Association</u>— CPR Anytime Kits and CPR & AED Awareness yard signs with stakes are available for anyone interested in raising important awareness and learning Hands-Only CPR. Nicole can deliver kits and yard signs to anyone interested in joining during June 1-7 for National CPR and AED Awareness Week. A list of events that week will be provided in the minute notes.</p> <p><u>CAC</u>— free art show at Beardsley Farm; kid focused events on June 10 with Centro Hispano; summer food service program starting on Tuesday after Memorial Day</p> <p><u>Dream Center</u>— online surplus store supplies household goods and food to Knox County Schools Social Workers—transitioning to B&GC for summer while school is out</p> <p><u>Little Chefs, Big Change</u>—afterschool programs and virtual programs (plant-based cooking classes); looking for partners. Currently teaching at Pond Gap.</p> <p><u>Nourish Knoxville</u>—June 7th dinner (fundraiser at Mabry-Hazen House); tickets on sale now.</p> <p><u>Real Good Kitchen</u>—grant for redevelopment of unused space in current building; 2 minute survey for Make Change Through Food (understand food needs of Knoxville and how the next phase of Real Good Kitchen might meet those needs and further its mission; hiring a PT kitchen manager focusing on engagement (job posted on website)</p> <p><u>United Way</u>— June/July—data meetings will be open to partners</p> <p><u>University of TN</u>— gala Nov. 6th—looking for sponsors to raise money to put those in need through a Mommy and Me class (before, during, and after pregnancy)</p> <p><u>Wesley House</u>—new initiative: Feeding our Friends will be held on the 4th Thursday at 5:30 every other month—starting in July; each dinner will be themed for the time of year (resources will be sent home with every household as well: ex. July (sunscreen and bug spray)); planning for ~200 people each time. Looking for partners to help provide food for each event and items for take-home resources.</p>
4.	Meeting Adjourned.

Upcoming Meetings:

June 21, 2023—2-11 Presentation, No Kid Hungry Presentation

July 19, 2023—Annual Retreat, location TBD.